

# Energy Medicine Centers



Creating the Blueprint for Humanity's Planetary  
Transformation & Healing

[www.energymedicinecenters.com](http://www.energymedicinecenters.com)  
1-833-321-HEAL (4325)

# NovaThor Infrared Light Technology





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## NovaTHOR Bed Infrared Light Therapy:

Photobiomodulation therapy is defined as a form of light therapy that utilizes non-ionizing light sources, including lasers, light emitting diodes, and/or broadband light, in the visible (400 – 700 nm) and near-infrared (700 – 1100 nm) electromagnetic spectrum. It is a non-thermal process involving endogenous chromophores eliciting photophysical (i.e., linear and nonlinear) and photochemical events at various biological scales. This process results in beneficial therapeutic outcomes including but not limited to the alleviation of pain or inflammation, immunomodulation, and promotion of wound healing and tissue regeneration. The term photobiomodulation (PBM) therapy is now being used by researchers and practitioners instead of terms such as low level laser therapy (LLLT), cold laser, or laser therapy.

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The fundamental principles that underpin photobiomodulation (PBM) therapy, as currently understood in the scientific literature, are relatively straightforward. There is consensus that the application of a therapeutic dose of light to impaired or dysfunctional tissue leads to a cellular response mediated by mitochondrial mechanisms that reduce pain and inflammation and speed healing.





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## NovaTHOR Benefits:

- ❖ Improved Wellness and Vitality - Decreased inflammation; improved lymph draining; improved blood circulation; increased energy; and overall faster return to wellness.
- ❖ Improved Performance & Recovery - More intense and higher volume training; improved muscle strength; reduced post exercise soreness; decreased injury recovery time; faster return to sports training.
- ❖ Improved Pain Management - Non-invasive; side effect free; increased range of motion; decreased pain in muscles, nerves, tendons, and joints.
- ❖ Non-Medical Interventions for Pain Management in Musculoskeletal Conditions to include - Arthritis; Neuropathies; and Tendinopathies.
- ❖ Non-Medical Interventions For Syndrome Conditions to Include - Fibromyalgia; Chronic Fatigue; Lupus; Rheumatoid Arthritis; Psoriatic Arthritis; and Lymphedema.
- ❖ FDA Approval For NovoTHOR PBM Therapy Include - Restoration of motion to joints; decreased post exercise soreness; adjunct to obesity as part of a diet and exercise program.

**Systemic Benefits to Include** - Cognitive improvements; mood benefits; headaches and migraines; improved immune system functioning; flu symptoms; sinusitis & hay fever; sleep; reduce fatigue; increased energy; blood pressure; mental acuity; traumatic brain injury; concussion recovery; brain neurodegenerative symptoms; and neuro-developmental symptoms.

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